

THURSDAY

CHESAPEAKE

7:30 pm Keep It Simple AFG
FFIP St. Thomas Episcopal Church
233 Mann Dr.
Off of Cedar Rd. (Enter left rear)
Speaker fifth Thursday of the month
Steve 757-536-1767

8:00 pm Let it Begin with Me AFG
FFIP ☺ New Creation United Methodist Church
4320 Bruce Rd., Room 212
Jan 757-234-5353

NEWPORT NEWS

11:30 am Up the Creek AFG
FFIP ☺ 2 meetings at once: Regular & Newcomers
Christ United Methodist Church
133 Deep Creek Rd.
Judy 757-930-0818

7:00 pm Relationships with Serenity
FFIP ☺ Warwick United Church of Christ
10 Matoaka Ln.
Joyce 443-846-6546
If NN schools FFO by weather, no mtg

NORFOLK

8:00 pm Roosevelt Chat AFG
FFIP ☺ The Garden United Methodist Church
2709 Greendale Ave. (Preschool Room)
Beth G. 802-540-5304

VIRGINIA BEACH

12:30 pm Thursday Noon AFG
1.5 hours
FFIP ☺ Thalia Lynn Baptist Church
4392 Virginia Beach Blvd.
Shaun 757-708-6640

6:00 pm "A-OK" Alateen
FFO 1600 Corporate Landing Parkway
Alateen 757-499-1443

6:00 pm Corporate Landing AFG
FFIP ☺ Al-Anon World Service Office
1600 Corporate Landing Pkwy.
Barbara 619-806-1476

8:00 pm Changing Attitudes AFG
FFO ☺ St. Francis Episcopal Church
509 Rosemont Rd.
Janice 757-748-4387

WILLIAMSBURG

2:00 pm Today a New Frontier AFG
FFIP ☺ Williamsburg United Methodist Church
500 Jamestown Rd.
Enter rear main door and follow signs
Pearl 757-876-3547

WILLIAMSBURG *continued*

5:30 pm Walking Through Recovery AFG
FFIP ☺ Williamsburg United Methodist Church
500 Jamestown Rd., Room 174
Enter rear main door; follow signs
Christine 231-534-5563

7:30 pm Twelve & Twelve Al-Anon
FFO Williamsburg United Methodist Church
500 Jamestown Rd., Room 171
Enter rear main door; follow signs
Mary Ann 757-229-0244

FRIDAY

HAMPTON

10:00 am Friday Morning Women
FFO St. John's Episcopal Church
100 West Queensway
Jill 757-771-8898
No meeting on holidays

8:00 pm Friday Night AFG
FFIP ☺ First Christian Church
1458 Todds Ln.
Park in rear, enter Fellowship Hall
Barbara 757-331-0145
If Hptn schools closed by weather, no mtg

NEWPORT NEWS

8:00 pm Serenity AFG
FFO Chestnut Memorial United Methodist Church
1024 Harpersville Rd.
Robert 757-591-0212

NORFOLK

12:00 pm Metropolitan AFG
FFIP Church of the Epiphany
1530 Lafayette Blvd.
Corner of Lafayette & Versailles
Kathy H. 757-222-0670

SUFFOLK

8:00 pm Suffolk AFG
FFO ☺ St. Paul's Episcopal Church
213 North Main St.
Robert B 757-338-3656

VIRGINIA BEACH

6:30 pm Friday Night Meeting AFG
FFO ☺ Old Donation Episcopal Church (Library)
4449 N. Witchduck Rd.
Ava 757-284-8502

NEW
6:30 pm Alateens of Witchduck Rd.
FFO ☺ Old Donation Episcopal Church
4449 N. Witchduck Rd.
Regan 757-735-5215

WILLIAMSBURG

3:00 pm Openess & Friendship AFG
FFIP ☺ St. Stephen's Lutheran Church
612 Jamestown Rd.
Jackie 757-291-6977

SATURDAY

NEWPORT NEWS

10:00 am Courage to Change AFG
FFIP ☺ Denbigh Presbyterian Church
302 Denbigh Blvd.
Penny 757-532-9544

NORFOLK

11:00 am Courage to Change AFG
FFO DePaul Hospital (Cafeteria)
150 Kingsley Ln.
Jennifer 918-853-1037

7:00 pm

FFIP ☺ New Hope AFG
Talbot Park Baptist Church
6919 Granby St.
Brooke H.. 1-757-323-1831
Babysitting available for age 2 & up

7:00 pm

FFO ☺ **Alateen**
Courageous Kids Alateen
Talbot Park Baptist Church
6919 Granby St.
Paul H. 757-761-5280

VIRGINIA BEACH

NEW
10:30am-12pm Hope for Adult Children of Alcoholics
FFIP Sentara Princess Anne Hospital
2025 Glen Mitchell Drive
Dede 757-264-0392

7:00 pm

FFO ☺ Beach AFG
Galilee Episcopal Church
40th St. & Pacific Ave.
Maria 757-404-0247

5:30 pm

1.5 hours
FFIP ☺ GFA Amistad, **Spanish Speaking**
St. Gregory Church
5345 Virginia Beach Blvd.
Sergio 915-633-3153

WILLIAMSBURG

8:00 pm Saturday Night Live
FFO St. Stephen's Lutheran Church
612 Jamestown Rd.
Robin 757-784-2244

The only requirement for membership in Al-Anon/Alateen is that there be a problem of alcoholism in a relative or friend.

Tidewater Area and Peninsula District Al-Anon and Alateen Family Groups

MEETING DIRECTORY

Updated September 9, 2020

Please check the [Cancellations and Virtual Options link](#)

SEE TidewaterASC.org FOR UP-TO-DATE MEETING INFO

Reopened Meetings highlighted in yellow



Al-Anon Service Center of Tidewater

4968 Euclid Road, Suite H, Virginia Beach, VA 23462
757-499-1443 | FAX 757-499-3298
www.TidewaterASC.org | ASCT42009@verizon.net

About Al-Anon Meetings

Contact Person: It is recommended that you call the contact person listed to confirm the meeting time and location.

FFO - Friends and Family Only (previously Closed Meeting) are for anyone whose personal life is or has been affected by close contact with a problem drinker.

FFIP- Friends and Family and Interested Persons (previously Open Meetings) may be attended by anyone interested in Al-Anon/Alateen.

Alateen: Alateen is for children and teenagers (8-19) who have been affected by someone else's drinking. Specially-trained and screened adult sponsors supervise.

AFG Al-Anon Family Group

☺ Handicap accessible

≈ Concurrent AA meeting

Length: Meetings last an hour long unless otherwise indicated.

Smoking: Meetings are non-smoking.

For Al-Anon Meetings Outside Hampton Roads

Virginia Al-Anon/Alateen: VAAlanon.org
World Service Office: 888-425-2666 Al-Anon.org

For AA Meetings

AA Tidewater Area: (757) 490-3980
AA Peninsula: (757) 595-1212

SUNDAY**GLOUSTER**

7:00 pm Ware There's Hope AFG
 FFIP Ware Episcopal Church
 7825 John Clayton Mem Hwy.
 Deborah 765-721-2731

NEWPORT NEWS

7:00 pm Fresh Start AFG
 FFIP St. George's Episcopal Church
 15446 Warwick Blvd.
 Chris 804-832-8884

NORFOLK

7:00 pm Ghent Gathering AFG
 FFIP 800 Colonial Avenue
 Robyn T. 757-343-9567

VIRGINIA BEACH

4:00 pm Sunday Step Study AFG
 FFIP ☺ Al-Anon Service Center Tidewater
 4968 Euclid Rd., Ste. H
 Lee 757-404-3286

7:00 pm Freedom Women AFG
 FFO Bayside Presbyterian Church
 1400 Ewell Rd.
 Corner of Independence Blvd. & Ewell Rd.
 Nancy 207-831-2668

WILLIAMSBURG

4:00 pm Sunday Serenity AFG
 FFIP Henderson Business Park
 5801 Mooretown Rd
 Barbara 757-814-6662

NEW

4:00 pm **Stepping Out Alateen**
 Henderson Business Park
 FFO ≈ Common Ground
 Alateen 5801C Mooretown Road
 Duane 757-769-4254

Serenity Prayer

God, grant me the Serenity
 to accept the things I cannot change,
 Courage to change the things I can, and
 Wisdom to know the difference.

Volunteer, Members!

Boost your recovery with
 Twelfth Step service:
 Help out at the ASCT office
 Call Bette at 757-681-0620

MONDAY**CHESAPEAKE**

7:30 pm Just for Today AFG
 FFIP Oak Grove United Methodist Church
 472 N. Battlefield Blvd. Room 232
 Troy 757-651-3073
No meetings on holidays

HAMPTON

10:00 am Monday Morning Women
 FFO ☺ St. John's Episcopal Church
 100 West Queens Way
 Darlene M. 757-851-2325
No meetings on holidays

NORFOLK

12:00 pm Downtowners AFG
 FFO ☺ St. Paul's Episcopal Church
 201 St. Paul's Blvd.
 Matt 757-288-6002

NORFOLK

7:00 pm Hampton Boulevard AFG
 FFIP ☺ Second Presbyterian Church
 7305 Hampton Blvd.
 Kristin 757-639-1695

SUFFOLK

7:00 pm Monday Night AFG:
 FFIP ☺ 2 meetings at once: Regular & Newcomers
 St. Andrew Presbyterian Church
 1885 Bridge Road
 Betty 757-483-1445

NEW

7:00 pm **Monday Night Alateen**
 St. Andrew Presbyterian Church
 FFO ≈ ☺ 1885 Bridge Road
 Carri A. 757-995-3140

VIRGINIA BEACH

7:00 pm Basic Recovery AFG
 FFO* ☺ ≈ Emmanuel Episcopal Church
 *FFIP 5th Mon. 5181 Singleton Way
 Joe 757-472-4191

VIRGINIA BEACH

7:30 pm Beginner AFG
 FFIP ☺ Foundry United Methodist Church
 2801 Virginia Beach Blvd. (enter side door)
 Carole 757-478-9725

VIRGINIA BEACH

8:00 pm Small Shores, Step Study AFG
 FFO ≈ All Saints Episcopal Church
 1968 Woodside Ln.
 Ethel 757-464-5793

WILLIAMSBURG

10:00 am The Breakfast Club
 FFIP Triangle Stepping Stones
 3279 Lake Powell Rd.
 Vivian 757-291-8082

WILLIAMSBURG

7:30 pm Williamsburg AFG
 FFO ☺ ≈ Williamsburg United Methodist Church
 500 Jamestown Rd., Room 102
 Enter rear main door; follow signs
 Mary Ann 757-229-0244

WILLIAMSBURG continued

NEW Prayer and Meditation AFG
 7:00 am Triangle Stepping Stones
 FFIP 3279 Lake Powell Road
 Carrie 757-784-2984

TUESDAY**CHESAPEAKE**

7:00 pm Chesapeake Parents AFG
 FFIP Harvest Assembly of God
 525 Kempsville Rd. (Trailer #6 in back)
 Bette T. 757-681-0620

FRANKLIN

NEW Reactivated
 8:00 pm Franklin AFG
 FFO Franklin Baptist Church
 208 N. High ST.
 Marti C. (757)650-5810

GLOUCESTER

7:30 pm-New Time Mid-Peninsula AFG
 FFIP ☺ ≈ Apostles Lutheran Church
 7092 Main St.
 Intersection of Fox Mill Rd. & Fox Hunt
 Lane, off Bus. Rt. 17
 Sandy 757-570-0858

NORFOLK

11:00 am The Forum AFG
 FFO ☺ Wesley Mem. United Methodist Church
 288 East Little Creek Rd.
 Toni M. 757- 805-2622

VIRGINIA BEACH

6:30 pm Beach Parents Al-Anon Meeting
 FFIP Spring Branch Community Church
 1500 N. Great Neck Rd., Room 302
 Don 757-708-8120

VIRGINIA BEACH

8:00 pm Sandbridge AFG
 FFIP ≈ Sandbridge Community Chapel Annex
 3041 Sandpiper Rd.
 Jessica 757-630-9521

WILLIAMSBURG

2:00 pm Tuesday at Two AFG (New Group Name)
 FFIP ☺ Williamsburg United Methodist Church
 500 Jamestown Rd
 Meets in the Library.
 Karin 760-821-3685

YORKTOWN

8:00 pm Progressive AFG
 FFIP ☺ ≈ 2 meetings at once: Regular & Newcomers
 Yorkminster Presbyterian Church
 6128 George Washington Mem. Hwy.
 Robert 757-254-3450

WEDNESDAY**CHESAPEAKE**

10:30 am New Beginnings AFG
 1.5 hours Harvest Assembly of God
 FFO ☺ 525 Kempsville Rd. (Trailer #6 in back)
 Thelma 757-404-2593

CHESAPEAKE

FFIP ≈ Greenbrier AFG
 Greenbrier Community Church
 825 Greenbrier Pkwy.
 In main church building
 Terri 757-816-5798

NEWPORT NEWS

12:00 pm Baby Steps Al-Anon
 FFIP Warwick United Church of Christ
 10 Matoaka Ln.
 Kathy 757-871-6024
If NN schools FFO by weather, no mtg

NORFOLK

7:00 pm Wednesday Night Beginner's AFG
 FFIP ☺ *Every 5th Wed.: Potluck 6:30 pm;
 Speaker 7pm
 Talbot Park Baptist Church
 6919 Granby St.
 Meets on 2nd Floor
 Ellie 757-469-0694

NORFOLK

7:30 pm Adult Children in Recovery AFG
 FFIP *Every 5th Wed.: Go to Beginners AFG,
 above
 Oceanview Baptist Church
 9504 Selby Pl
 2nd floor Conference room

NORFOLK

8:00 pm Main Street United Methodist Church
 FFIP ≈ Serenity Seekers AFG
 202 N. Main St.
 Parking in the rear off Bank St.
 Billy 757-539-4018

VIRGINIA BEACH

12:00 pm Wednesday Noon AFG
 FFIP Foundry United Methodist Church
 2801 Virginia Beach Blvd.
 Carole 757-478-9725

VIRGINIA BEACH

8:00 pm First Things First AFG
 FFIP Sentara Princess Anne Hospital
 2025 Glenn Mitchell Dr.
 Heidi 757-753-1692

WILLIAMSBURG

10:00 pm Welcoming Wednesdays AFG
 FFIP Triangle Stepping Stones
 3279 Lake Powell Rd.
 Christine 858-228-7036

WILLIAMSBURG

7:00 pm New Beginnings
 FFIP ☺ ≈ Williamsburg Place Farley Center
 5477 Mooretown Rd., Gratitude Room
 Jan 757-876-3852